

# Join the Fitness Center

All memberships are a great value! No initiation fee.  
Choose a one, three, or six month membership, or join for a year.

Membership Fees		
<b>One Year Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$336	\$386
Addt'l Family Member	\$218 each	\$251 each
Senior	\$252	\$290
Addt'l Senior Member	\$164 each	\$189 each
Junior Membership	\$118	\$136
<b>Six Month Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$218	\$251
Addt'l Family Member	\$142 each	\$163 each
Senior	\$164	\$189
Addt'l Senior Member	\$107 each	\$123 each
Junior Membership	\$76	\$87
<b>Three Month Membership</b>	<b>Resident</b>	<b>Non-Resident</b>
Individual	\$134	\$154
Addt'l Family Member	\$87 each	\$100 each
Senior	\$101	\$116
Addt'l Senior Member	\$66 each	\$76 each
Junior Membership	\$47	\$54
<b>One Month Membership</b>	<b>\$50</b>	<b>\$50</b>
<b>Daily Fees</b>	<b>\$10</b>	<b>\$12</b>

## JUNIOR MEMBERSHIPS

Open to children 12 to 13 years old. Legal guardian must have a current membership for child to be eligible. Junior members must be accompanied by an active member 18 years of age or older and can only use the fitness center during the following hours:

5:30-7:00AM  
1:00-2:30PM  
7:30-9:00PM



## PERSONAL TRAINING

Looking for a personal trainer to help keep you motivated, focus your workout, and design a workout or rehabilitation program to fit your personal needs and goals?

If so, the Northfield Fitness Center has motivated, certified and friendly professional personal trainers.



### Personal Training:

#### One-Hour Sessions

(Member/Non-Member)

Individual - \$55/\$65

2 people - \$40/\$50 per person

3 people - \$35/\$45 per person

#### Half-Hour Sessions

(Member/Non-Member)

Individual - \$35/\$45

2 people - \$30/\$40 per person

3 people - \$25/\$35 per person

To schedule a workout, contact one of our personal trainers directly.

**Tracey O'Donnell**

847.845.2726

**Bob Davis**

847.702.0122