

Youth Class Schedule

| MONDAY | TUESDAY | WEDNESDAY |
|---|--|---|
| STEAM Club with High Touch High Tech K-3rd grade 3:15-4:15PM 1/23-3/20* (8 classes) *No class 2/20 2305-1 \$232 | Hip-Hop with Chicago Loves Dance K-3rd grade 3:15-4:15PM 1/17-3/21 (10 classes) 2313-1 \$180 | Sticky Fingers Cooking K-3rd grade 3:15-4:15PM 1/18-3/22 (10 classes) 2308-1 \$290 |
| Basketball with Hot Shots Sports K-3rd grade 3:15-4:15PM 1/23-3/20* (8 classes) *No class 2/20 2514-1 \$144 | Floor Hockey with Hot Shots Sports K-3rd grade 3:15-4:15PM 1/17-3/21 (10 classes) 2515-1 \$180 | Total Sports with Hot Shots Sports K-3rd grade 3:15-4:15PM 1/18-3/22 (10 classes) 2510-1 \$180 |
| Tots Basketball with Hot Shots Sports 3-5 years old 4:15-5:00PM 1/23-3/20* (8 classes) *No class 2/20 2506-1 \$136 | Pee Wee Floor Hockey with Hot Shots Sports 3-5 years old 4:15-5:00PM 1/17-3/21 (10 classes) 2506-2 \$170 | Sports & More with Hot Shots Sports 3-5 years old 4:15-5:00PM 1/18-3/22 (10 classes) 2506-3 \$170 |
| Taekwondo with Connolly's Academy 4th-6th grade 3:30-4:30PM Location: Sunset Ridge School 1/23-3/20* (8 classes) *No class 2/20 2310-2 \$144 | The Lion King Jr. with Skyline Studios 2nd-6th grade 4:30-6:30PM 1/17-3/21 (10 classes) 2324-1 \$360 FINAL SHOW at 6:00PM on Wednesday, 3/22, at Sunset Ridge School | <p>All Classes Take Place at the Northfield Community Center, unless otherwise noted.</p> <p>See pages 16-18 for complete program descriptions.</p> <p>For all after school classes that begin at 3:15PM, Park District staff will pick-up the children from Middlefork School at their dismissal time.</p> <p>Classes that begin at 3:15PM will have a brief supervised transition period prior to the start of class.</p> |



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See pages 16-18 for complete program descriptions.

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January 17 - March 23, 2023

| THURSDAY | FRIDAY |
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| <p>Safari Zone with RoboThink 1st-3rd grade 3:15-4:45PM 1/19-3/23* (9 classes) *No class 2/16 2323-1 \$280</p> | <p>Youth Yoga with Chicago Loves Dance K-3rd grade 3:15-4:15PM 1/20-3/17* (8 classes) *No class 2/17 2322-1 \$144</p> |
| <p>Dodgeball with Hot Shots Sports K-3rd grade 3:15-4:15PM 1/19-3/23* (9 classes) *No class 2/16 2516-1 \$162</p> | <p>Amazing Art with Sunshine Arts & Crafts K-3rd grade 3:15-4:15PM 1/20-3/17* (8 classes) *No class 2/17 2306-1 \$232</p> |
| <p>Taekwondo with Connelly's Academy K-3rd grade 3:15-4:15PM 1/19-3/23* (9 classes) *No class 2/16 2310-1 \$162</p> | <p>REGISTRATION Registration is accepted online, in-person, or by email. A paper registration form is available online and at the Northfield Community Center.</p> <p>ONLINE northfieldparks.org</p> <p>EMAIL registration@northfieldparks.org</p> <p>DROP-OFF/IN-PERSON Northfield Community Center 401 Wagner Road Northfield, IL 60093</p> |
| <p>Game On! Sports4Girls K-3rd grade girls 1/19-3/23* (9 classes) *No class 2/16</p> <p>2519-1 \$162 4:15-5:00PM CLASS ONLY, no child care at 3:00PM</p> <p>2519-2 \$270 3:15-5:00PM CLASS AND CD, Club Dolphin child care 3:15-4:15PM before class</p> | |

PROGRAM CANCELLATION POLICY

Be sure to sign up at least 7 days prior to the start of any program. All programs have minimum and maximum enrollments. If the minimum enrollment is not met one week prior to the program date, the Park District may have to cancel or consolidate the program with another program. If the program is canceled, full credits will be issued.

PRORATING/REFUND POLICY

If registering for a program after the start date of that program, a one-time \$10 discount will be applied. If a refund is requested less than 10 days prior to the program's start date, a \$20 service charge per participant, per program will be charged.

PHOTO/VIDEO POLICY

Northfield Park District occasionally takes photos and videos of participants in Park District programs and special events, or people on Park District properties and/or parks. These photos may be used in our program guides, flyers, social media, or website and are for Park District use only. Park District participants are also welcome to submit their own photos to nbecker@nfparks.org.



Enrichment Classes

STEAM Club with High Touch High Tech K-3rd Grade, Mondays 3:15-4:15PM 1/23-3/20, No class 2/20 (8 classes)

Min/Max: 6/16 | Program #2305-1 | \$232
Science Made Fun STEAM Club- Join High Touch High Tech Chicagoland's REAL Scientist for a New Session of our exciting after school science adventures. Each day we meet we will cover new topics we did not cover in the Fall. Everything we do will be entirely hands-on as usual and will include new take home experiments at the end of each day. So get ready to be inspired, have fun exploring and engaging in the wonderful world of steam with us! *Includes Lab Coats and Goggles During Class*



Taekwondo with Connelly's Academy

4th-6th Grade, Mondays 3:30-4:30PM
Location: Sunset Ridge School
1/23-3/20, No class 2/20 (8 classes)
Min/Max: 6/10 | Program #2310-2 | \$144

Connelly's Academy provides the families in our communities with a unique developmental vehicle. We teach Martial Art values (Courtesy, Integrity, Perseverance, Self-control and Indomitable Spirit) and physical skills using a non-competitive, challenge-education and game-based learning approach. This teaching approach makes classes fun, safe and rewarding experiences for students of all ages, levels of maturity, and physical ability. The kids enjoy themselves while growing physically, cognitively, socially and emotionally. Parents tell us that their children have gained confidence, focus, impulse control and the "grit" to accomplish goals in other areas of their lives.

Hip-Hop with Chicago Loves Dance K-3rd Grade, Tuesdays 3:15-4:15PM 1/17-3/21 (10 classes)

Min/Max: 6/15 | Program #2313-1 | \$180
Under the creative direction of skilled Chicago Loves Dance instructors, students will learn choreography to the newest pop/dance songs, show off their creativity in free-style choreography sessions and more. Chicago Loves Dance runs on the philosophy that dance should open your child's creative abilities and be FUN! We pride ourselves on teaching the self-esteem and socialization needed in everyday life through the activity of dance and performance. The last day of class will be a parent watch day where students will do a short performance to show off their new talents!

Skyline Studios Presents The Lion King Jr.

2nd-6th Grade, Tuesdays 4:30-6:30PM
1/17-3/21 (10 classes)
Min/Max: 12/22 | Program #2324-1 | \$360
The final show will be Wednesday, 3/22, at 6:00PM at Sunset Ridge School. A ticket fee will be charged for the final performance.
For more information, please email skylinechicago@gmail.com.

In the Pride Lands of Africa, a lion rules as king. Join Skyline Children's Theater and Northfield Park District to act, dance, and sing. The Circle of Life starts and ends with you. Roar like a lion or squawk like Zazu! Hakuna Matata to land afar, make new friends and shine like a star! Broadway Stars will jump into the magical world of musical theater by exploring acting, singing and choreography in preparation for the show. By the end of class, you'll be ready to take center stage, at Sunset Ridge, and shine as one of the stars in The Lion King Jr. Each cast member will receive rehearsal music and script for practice at home.



Lion King Jr. Expectations

Attendance is an essential component of a performance program. All practices take place at the Northfield Community Center from 4:30 to 6:30pm. If two practices are missed, student parts may be reassigned. Arriving more than 30 minutes late/leaving early will count as an absence. No make-up classes will be offered. Please help your child practice and memorize at home so your actor feels confident on stage. Please be prompt in arrival and dismissal times. All rehearsals are closed (no parents or guests watching). Actors are required to bring their scripts to every rehearsal. There will be no refunds after the first week of classes.

For more information please email skylinechicago@gmail.com or call 847.769.8174 or 847.707.1385.



Enrichment Classes

Sticky Fingers Cooking

K-3rd Grade, Wednesdays 3:15-4:15PM

1/18-3/22 (10 classes)

Min/Max: 7/12 | Program #2308-1 | \$290

Let your children release their inner masterchef!

Our professional chef instructors guide kid chefs by providing safe, entertaining, hands-on learning throughout the class, but it's the kid chefs who do the prepping and cooking! Our class sessions are a BLAST for all ages! When kids get to touch the ingredients and have a hand in creating their food, they're much more willing to try new foods. We provide all of the tools, ingredients and instruction needed to cook up a delicious, healthy and hearty after-school snack each week.

3 super fun COOL-inary themes in our after-school cooking class sessions:

FUN-da-mentals: In our first class, your kid chef will develop confidence in the kitchen by learning the FUN-da-mentals: measuring, mixing, mashing, blending, and more! These skills set the foundation for cooking and baking, and students will learn these skills while creating a delicious sweet treat with a nutritious twist!

Kitchen Tools PhD: In subsequent classes, students will move on to earning their Kitchen Tools PhD! Recipes provide tons of engaging and tactile learning for kids to perfect their dicing, slicing, mincing, grating, folding and chopping with a wide variety of kitchen tools, from graters and immersion blenders to whisks, wooden spoons and kid-safe kitchen knives. These kitchen tools help develop and hone fine motor skills as kid chefs prepare savory recipes together with their peers.

COOL-inary Confidence: Students will also learn to "Cook Off the Cuff" for several classes and develop their COOL-inary Confidence with fun & flexible recipes that let them choose the vegetables, herbs, and spices from a bundle of colorful and tasty options. Each hands-on, real-world class will encourage your young chef to engage all of their 5 senses while expressing their own unique culinary creativity, trying new foods, and thinking about how each component will contribute to their own tasty recipe masterpiece in the end!

RoboThink Safari Zone

1st-3rd Grade, Thursdays 3:15-4:45PM

1/19-3/23, No class 2/16 (9 classes)

Min/Max: 6/10 | Program #2323-1 | \$280

Do you think you can build the strongest and most agile robot? Can your robot win a head to head combat mission? Learn engineering strategies for building sturdy structures using unique RoboThink bricks, then apply that knowledge to build multiple robots for friendly competitions. You'll have a blast as you play robot soccer, compete in robot relay races and other challenges in this fun robotics program.

Taekwondo with Connelly's Academy

K-3rd Grade, Thursdays 3:15-4:15PM

1/19-3/23, No class 2/16 (9 classes)

Min/Max: 6/12 | Program #2310-1 | \$162

Connelly's Academy provides the families in our communities with a unique developmental vehicle. We teach Martial Art values (Courtesy, Integrity, Perseverance, Self-control and Indomitable Spirit) and physical skills using a non-competitive, challenge-education and game-based learning approach. This teaching approach makes classes fun, safe and rewarding experiences for students of all ages, levels of maturity, and physical ability. The kids enjoy themselves while growing physically, cognitively, socially and emotionally. Parents tell us that their children have gained confidence, focus, impulse control and the "grit" to accomplish goals in other areas of their lives.

Amazing Art

with Sunshine Arts & Crafts

K-3rd Grade, Fridays 3:15-4:15PM

1/20-3/17, No class 2/17 (8 classes)

Min/Max: 6/10 | Program #2306-1 | \$232

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make Tie Dye shirts (art smocks for the session), experience pottery painting, paint a canvas acrylic painting, do recycled arts projects and more. Lessons will include concepts and techniques kids can use for a lifetime and the experience of creating awesome projects will result in great self esteem and a sense of accomplishment. All new lessons for every session.

Youth Yoga with Chicago Loves Dance

K-3rd Grade, Fridays 3:15-4:15PM

1/20-3/17, No class 2/17 (8 classes)

Min/Max: 6/12 | Program #2322-1 | \$144

This class is run by professional yoga instructors from Chicago Loves Dance. We supply the mats; all you need to do is come ready for some yoga and stretch! In this class, kids will learn beginning yoga movements, terms and yoga-based games to make learning fun. Yoga in early childhood is wonderful for improving listening skills, building self-esteem and supporting social and emotional learning.



Hot Shots Sports Classes

Basketball

K-3rd Grade, Mondays 3:15-4:15PM
1/23-3/20, No class 2/20 (8 classes)
Min/Max: 6/12 | Program #2514-1 | \$144

Participants engage in an up tempo game-like atmosphere where they develop team play and skill work. Games will be held at the end of every class, and popular shooting and dribbling games will be played each week to optimize player participation and fun. Drills and games are engineered to accommodate players of all skill levels, so join today and get ready to have fun!

Tots Basketball

Ages 3-5, Mondays 4:15-5:00PM
1/23-3/20, No class 2/20 (8 classes)
Min/Max: 6/12 | Program #2506-1 | \$136

Children are introduced to the game of basketball in a safe, fun and exciting environment. This class uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions. Basketball fundamentals covered include shooting, passing and dribbling.

Floor Hockey

K-3rd Grade, Tuesdays 3:15-4:15PM
1/17-3/21 (10 classes)
Min/Max: 6/10 | Program #2515-1 | \$180

This clinic provides participants the opportunity to learn and play floor hockey in a safe and fun environment. Players learn positions, stick handling and ball control in this fun, fast-paced class. In addition, players develop teamwork and sportsmanship while having fun competitive gameplay each week. Safety and having fun is a MUST when you step on the floor. Come ready to play!



Pee Wee Floor Hockey

Ages 3-5, Tuesdays 4:15-5:00PM
1/17-3/21 (10 classes)
Min/Max: 6/10 | Program #2506-2 | \$170

Have your child's first hockey experience be a blast! To ensure a safe environment, Pee Wee Floor Hockey players play with pillow polo sticks, which have a soft-cushion end. Participants learn the basics of the game and experience the thrills of being a hockey player!

Total Sports

K-3rd Grade, Wednesdays 3:15-4:15PM
1/18-3/22 (10 classes)
Min/Max: 6/12 | Program #2510-1 | \$180

This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.

Sports & More

Ages 3-5, Wednesdays 4:15-5:00PM
1/18-3/22 (10 classes)
Min/Max: 6/12 | Program #2506-3 | \$170

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.



Dodgeball

K-3rd Grade, Thursdays 3:15-4:15PM
1/19-3/23, No class 2/16 (9 classes)
Min/Max: 6/12 | Program #2516-1 | \$162

Dodgeball provides participants with an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls and safety is stressed during gameplay. Each week players learn new variations of the game, keeping class fresh and the kids having fun. Time limits are placed on all games so participants do not sit out too long and remain active throughout the class.



Game On! Sports4Girls

K-3rd Grade Girls
Thursdays 4:15-5:00PM* or 3:15-5:00PM**
1/19-3/23, No class 2/16 (9 classes)
Min/Max: 6/10

***Program #2519-1 | \$162 |** *Registering for this section of Game On! (2519-1) enrolls you in the CLASS ONLY, which begins at 4:15pm. Children enrolled in section 2519-1 will NOT be picked up by Park District staff from Middlefork School at 3:00pm.

****Program #2519-2 | \$270 |** *Registering for this section of Game On! (2519-2) enrolls you in the Game On! and Club Dolphin aftercare on Thursdays only. Children enrolled in section 2519-2 WILL be picked up by Park District staff from Middlefork School at 3:00 pm and then brought to class at 4:15pm.

Ready, Set, Game On! for a sports-filled and learning experience like no other. Explore and learn a different sport every 1-2 weeks. We may cover basketball, soccer, football, softball, lacrosse, volleyball, spikeball, team handball and more in a FUN, energy-filled environment! From our years dedicated to working with girls, we have the unique games and expertise to help girls of all skill levels to grow as an athlete and a person. Attention to teamwork, sportsmanship, self-esteem, respect, goal setting and a whole lot of GirlStrong are also an integral part of this unique program.