

Northfield Park District Spring Youth Class Schedule

MONDAY	TUESDAY	WEDNESDAY
<p>High Touch High Tech STEAM Club K-3rd grade 3:15-4:15PM 4/10-5/22 (7 classes) 3305-1 \$203</p>	<p>Chicago Loves Dance Hip-Hop K-3rd grade 3:15-4:15PM 4/11-5/30 (8 classes) 3313-1 \$144</p>	<p>Sticky Fingers Cooking K-3rd grade 3:15-4:15PM 4/12-5/31 (8 classes) 3308-1 \$232</p>
<p>Soccer Skills with Hot Shots Sports K-3rd grade 3:15-4:15PM 4/10-5/22 (7 classes) 3513-1 \$126</p>	<p>Golf with Hot Shots Sports K-3rd grade 3:15-4:15PM 4/11-5/30 (8 classes) 3511-1 \$144</p>	<p>Flag Football with Hot Shots Sports K-3rd grade 3:15-4:15PM 4/12-5/31 (8 classes) 3512-1 \$144</p>
<p>Pee Wee Soccer with Hot Shots Sports 3-5 years old 4:15-5:00PM 4/10-5/22 (7 classes) 3506-1 \$119</p>	<p>Sports & More with Hot Shots Sports 3-5 years old 4:15-5:00PM 4/11-5/30 (8 classes) 3506-2 \$136</p>	<p>Pee Wee Flag Football with Hot Shots Sports 3-5 years old 4:15-5:00PM 4/12-5/31 (8 classes) 3506-3 \$136</p>
<p>PHOTO/VIDEO POLICY</p> <p>Northfield Park District occasionally takes photos and videos of participants in Park District programs and special events, or people on Park District properties and/or parks. These photos may be used in our program guides, flyers, social media, or website and are for Park District use only.</p> <p>Park District participants are also welcome to submit their own photos to nbecker@nfparks.org.</p>	<p>PROGRAM CANCELLATION POLICY</p> <p>Be sure to sign up at least 7 days prior to the start of any program.</p> <p>All programs have minimum and maximum enrollments. If the minimum enrollment is not met one week prior to the program date, the Park District may have to cancel or consolidate the program with another program. If the program is canceled, full credits will be issued.</p>	<p>PRORATING/REFUND POLICY</p> <p>If registering for a program after the start date of that program, a one-time \$10 discount will be applied. If a refund is requested less than 10 days prior to the program's start date, a \$20 service charge per participant, per program will be charged.</p>



April 10 - June 2, 2023

THURSDAY	FRIDAY	SUNDAY		
<p>Taekwondo with Connelly's Academy K-3rd grade 3:15-4:15PM 4/13-6/1 (8 classes) 3310-1 \$144</p>	<p>Amazing Art with Sunshine Arts & Crafts K-3rd grade 3:15-4:15PM 4/14-6/2 (8 classes) 3306-1 \$232</p>	<p>IBA Spring Leagues</p> <p>Minors (T-Ball) 3-4 years old 12:00-1:00PM 4/23-6/18 (8 weeks)* *No class 5/28 3504-1 \$210</p> <p>Majors (Coach Pitch) Kindergarten 1:00-2:00PM 4/23-6/18 (8 weeks)* *No class 5/28 3504-2 \$210</p> <p>Both IBA Spring Leagues will take place at the Winnetka Playfields in Winnetka, as these are both combined programs with the Winnetka Park District.</p>		
<p>Dodgeball with Hot Shots Sports K-3rd grade 3:15-4:15PM 4/13-6/1 (8 classes) 3516-1 \$144</p>	<p>Chicago Loves Dance Youth Yoga K-3rd grade 3:15-4:15PM 4/14-6/2 (8 classes) 3322-1 \$144</p>	<p>All Classes Take Place at the Northfield Community Center unless otherwise noted.</p> <p>See pages 20-24 for complete program descriptions.</p>		
<p>Game On! Sports4Girls K-3rd grade girls 4/13-6/1 (8 classes)</p> <p>3519-1 \$144 4:15-5:00PM CLASS ONLY, no child care at 3:00PM</p> <p>3519-2 \$240 3:15-5:00PM CLASS AND CD, Club Dolphin child care 3:15-4:15PM before class</p>	<p>For all after school classes, Park District staff will pick up the children from Middlefork School at their dismissal time.</p> <p>Classes that begin at 3:15PM will have a brief supervised transition period prior to the start of class.</p>	<p>REGISTRATION</p> <p>Registration is accepted online, in-person, or via email. A paper registration form is available online and at the Northfield Community Center.</p> <table border="1"> <tr> <td data-bbox="578 1339 1057 1503"> <p>DROP-OFF/IN-PERSON Northfield Community Center 401 Wagner Road Northfield, IL 60093</p> </td> <td data-bbox="1057 1339 1536 1503"> <p>EMAIL registration@nfparks.org</p> </td> </tr> </table>	<p>DROP-OFF/IN-PERSON Northfield Community Center 401 Wagner Road Northfield, IL 60093</p>	<p>EMAIL registration@nfparks.org</p>
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Enrichment Classes

High Touch High Tech STEAM Club

K-3rd Grade, Mondays 3:15-4:15PM

4/10-5/22 (7 classes)

Min/Max: 6/16 | Program #3305-1 | \$203

Science Made Fun STEAM Club - Join High Touch High Tech Chicagoland's REAL Scientist this Spring. Each day we meet we will cover new topics in the sciences. All of our experiments will be hands-on and will include take home experiments at the end of each workshop. From examining real insects, to erupting geyser tubes, to building hover crafts and so much more. Get ready to be inspired and have fun exploring and engaging in the wonderful world of STEAM with us!

Chicago Loves Dance Hip-Hop

K-3rd Grade, Tuesdays 3:15-4:15PM

4/11-5/30 (8 classes)

Min/Max: 6/15 | Program #3313-1 | \$144

Under the creative direction of skilled Chicago Loves Dance instructors, students will learn choreography to newest pop/dance songs, show off their creativity in free-style choreography sessions and more. Chicago Loves Dance runs on the philosophy that dance should open your child's creative abilities and be FUN! We pride ourselves on teaching the self-esteem and socialization needed in everyday life through the activity of dance and performance. The last day of the class will be a parent watch day where they will do a short performance to show off their new talents.

Sticky Fingers Cooking

K-3rd Grade, Wednesdays 3:15-4:15PM

4/12-5/31 (8 classes)

Min/Max: 7/12 | Program #3308-1 | \$232

Your kids can have a blast every week discovering how easy and fun it is to cook (and gobble-up!) tasty, healthy globally-inspired recipes! Our interactive cooking classes incorporate S.T.E.A.M., culture, language, geography, history and more. Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes (all seasonal and as local as possible!), master culinary skills (that they can put to use in family kitchens!), and nourish their bodies and minds. Our talented and experienced Chef Instructors bring all of the ingredients, district approved equipment and supplies to lead an engaging, fun, and interactive cooking class with your young chefs in training. Our cooking classes are a BLAST for all ages!

Taekwondo with Connelly's Academy

K-3rd Grade, Thursdays 3:15-4:15PM

4/13-6/01 (8 classes)

Min/Max: 6/12 | Program #3310-1 | \$144

Connelly's Academy provides the families in our communities with a unique developmental vehicle. We teach Martial Art values (Courtesy, Integrity, Perseverance, Self-control and Indomitable Spirit) and physical skills using a non-competitive, challenge-education and game-based learning approach. This teaching approach makes classes fun, safe and rewarding experiences for students of all ages, levels of maturity, and physical ability. The kids enjoy themselves while growing physically, cognitively, socially and emotionally. Parents tell us that their children have gained confidence, focus, impulse control and the "grit" to accomplish goals in other areas of their lives.



Enrichment Classes

Amazing Art with Sunshine Arts & Crafts

K-3rd Grade, Fridays 3:15-4:15PM

4/14-6/2 (8 classes)

Min/Max: 6/10 | Program #3306-1 | \$232

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make Tie Dye shirts (art smocks for the session), experience pottery painting, paint a canvas acrylic painting, do recycled arts projects and more. Lessons will include concepts and techniques kids can use for a lifetime and the experience of creating awesome projects will result in great self esteem and a sense of accomplishment. All new lessons for every session.

Chicago Loves Dance Youth Yoga

K-3rd Grade, Fridays 3:15-4:15PM

4/14-6/2, (8 classes)

Min/Max: 6/12 | Program #3322-1 | \$144

This class is run by professional yoga instructors from Chicago Loves Dance. We supply the mats; all you need to do is come ready for some yoga and stretch! In this class, kids will learn beginning yoga movements, terms and yoga-based games to make learning fun. Yoga in early childhood is wonderful for improving listening skills, building self-esteem and supporting social and emotional learning.



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Hot Shots Sports Classes

Soccer Skills

K-3rd Grade, Mondays 3:15-4:15PM

4/10-5/22 (7 classes)

Min/Max: 6/12 | Program #3513-1 | \$126

Participants engage in an up tempo game-like atmosphere where they develop team play and footwork. Games will be held at the end of every class with a focus on control, possession, and spacing. Players will be introduced to fundamentals and skill maneuvers that will help enhance their overall game.

Pee Wee Soccer

Ages 3-5, Mondays 4:15-5:00PM

4/10-5/22 (7 classes)

Min/Max: 6/12 | Program #3506-1 | \$119

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more.

Golf

K-3rd Grade, Tuesdays 3:15-4:15PM

4/11-5/30 (8 classes)

Min/Max: 6/12 | Program #3511-1 | \$144

This introductory course teaches kids the love of golf. Players learn basic golf techniques including proper grip, stance and swing mechanics. Using safe equipment tailored to fit the age group, players learn proper swing and stance mechanics in a fun and entertaining environment.

Sports & More

Ages 3-5, Tuesdays 4:15-5:00PM

4/11-5/30 (8 classes)

Min/Max: 6/12 | Program #3506-2 | \$136

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

Flag Football

K-3rd Grade, Wednesdays 3:15-4:15PM

4/12-5/31 (8 classes)

Min/Max: 6/12 | Program #3512-1 | \$144

Players are introduced to stance, receiving, rushing, blocking and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players always get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics.



Pee Wee Flag Football

Ages 3-5, Wednesdays 4:15-5:00PM

4/12-5/31 (8 classes)

Min/Max: 6/12 | Program #3506-3 | \$136

Develop early football skills such as rushing, receiving and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the football beginner looking to understand the game, learn new skills, and have fun!

Dodgeball

K-3rd Grade, Thursdays 3:15-4:15PM

4/13-6/1 (8 classes)

Min/Max: 6/12 | Program #3516-1 | \$144

The youth dodgeball class gives participants an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls with the safety of game play being an important factor. Each week, different teams are formed and a different style of dodgeball is played.

Game On! Sports4Girls

Game On! Sports4Girls

K-3rd Grade Girls

Thursdays 4:15-5:00PM* or 3:15-5:00PM**

4/13-6/1, (8 classes)

Min/Max: 6/12

Ready, Set, Game On! for a sports-filled and learning experience like no other. Explore and learn a different sport every 1-2 weeks. We may cover basketball, soccer, football, softball, lacrosse, volleyball, spikeball, team handball and more in a FUN, energy-filled environment! From our years dedicated to working with girls, we have the unique games and expertise to help girls of all skill levels to grow as an athlete and a person. Attention to teamwork, sportsmanship, self-esteem, respect, goal setting and a whole lot of GirlStrong are also an integral part of this unique program.

***Program #3519-1** | \$144 | *Registering for this section of Game On! (3519-1) enrolls you in the CLASS ONLY, which begins at 4:15pm. Children enrolled in section 3519-1 will NOT be picked up by Park District staff from Middlefork School at 3pm.

****Program #3519-2** | \$240 | *Registering for this section of Game On! (3519-2) enrolls you in the Game On! class and Club Dolphin aftercare on Thursdays only. Children enrolled in section 3519-2 WILL be picked up by Park District staff from Middlefork School at 3pm and then brought to class at 4:15pm.



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Illinois Baseball Academy

IBA Spring Leagues

Spring League once again is an 8-week program. For players to receive the optimal experience, total enrollment will be capped. We will do our best to accommodate all those on the waitlist. Participants can sign up individually, as part of a small group, or as a complete 10-member team. Please contact IBA at bobby@illinoisbaseballacademy.com with questions and requests.

Both IBA Spring Leagues will take place at the Winnetka Playfields in Winnetka as these are both combined programs with the Winnetka Park District.



Minors (T-Ball)

Ages 3-4, Sundays 12:00-1:00PM

4/23-6/18, (8 classes)*

***No class 5/28**

Program #3504-1 | \$210

Please note the location; this will be a combined program with the Winnetka Park District

For ages 3-4, Spring League players gain confidence, improve coordination, and appreciate the joys of teamwork and sportsmanship. Weekly sessions include a variety of age-appropriate drills and game play. IBA coaches ensure players learn the game, get repetitions, and always stay positive on the field!

Majors (Coach Pitch)

Kindergarten, Sundays 1:00-2:00PM

4/23-6/18, (8 classes)*

***No class 5/28**

Program #3504-2 | \$210

Please note the location; this will be a combined program with the Winnetka Park District

For Kindergarteners or players with one year of t-ball experience, this league represents the next step in the progression of IBA programs. Each week players will participate in the appropriate balance of skill development and coach-pitch games. IBA coaches ensure all players learn positions, play with outs, and experience baseball at the next level.

IBA Summer Camps

For questions and requests about any IBA camp, please email bobby@illinoisbaseballacademy.com.

Mini Majors Summer Camp

These one-week camps for boys and girls feature fun drills for learning baseball fundamentals of throwing, fielding, and hitting. Daily baseball games and creative activities are designed to teach sportsmanship, teamwork and respect. Children will gain confidence and improve their coordination.

Ages: 3-6 years old

Days: Monday-Friday

Time: 9am-12pm

Location: Winnetka Playfields*

*Please note the location; this will be a combined program with Winnetka Park District

Session 1	Session 2	Session 3
6/5-6/9	6/12-6/16	7/10-7/14
#3521-1	#3521-2	#3521-3
\$200	\$200	\$200

MVP Summer Camp (Baseball & Football)

This week-long baseball and football camp teaches the fundamentals, offensive and defensive philosophy, team building and sportsmanship. A typical day will be divided evenly between baseball and football. In addition to working on their baseball and football skills, our coaches will oversee daily games, contests and tournaments designed to teach kids how to compete in a healthy way, all while learning the value of commitment and teamwork.

Ages: 7-13 years old

Days: Monday-Friday

Dates: 7/17-7/21

Time: 9am-12pm

Location: Winnetka Playfields*

*Please note the location; this will be a combined program with Winnetka Park District

Program #: 3521A-1

Fee: \$200

Extra Innings Summer Camp

Wrap up your summer with baseball fun! Players will improve their skills by revisiting fundamentals with new and challenging drills. We will also be playing plenty of daily baseball games! Players will be divided by age and ability.

Days: Monday-Friday

Time: 9am-12pm

Location: Winnetka Playfields*

*Please note the location; this will be a combined program with Winnetka Park District

Ages 3-6 years old		
Session 1	Session 2	Session 3
7/31-8/4	8/7-8/11	8/14-8/18
#3521B-1	#3521B-2	#3521B-3
\$200	\$200	\$200

Ages 7-12 years old		
Session 1	Session 2	Session 3
7/31-8/4	8/7-8/11	8/14-8/18
#3521B-4	#3521B-5	#3521B-6
\$200	\$200	\$200